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The **Confederation of Alcoholics, Addicts Rehabilitation and Family of Spain (CAARFE)** is an organization made up of over a hundred associations addicted patients and their families throughout the Spanish territory and non-profit.

CAARFE is based on mutual support and believe in the rehabilitation of alcoholics and addicts from a biopsycosocial intervention. The base of the organization is made up of three basic pillars: Patients, their families and technicians.

Each of them plays a vital work. Firstly, **patients rehabilitated, from experience, are involved in the motivation of the person** who comes to the association and needs to be reflected in someone who has already gone through the addictive process and subsequent recovery.

Secondly, **the family, which are the closest environment and suffer the consequences of the disease, will be needed to accommodate the new family attending associations.** They also found support, as in the case of patients, where they are going to be reflected.

And finally, **the technicians, who will provide a vision and a professional work from different perspectives:** Motivational, guides in group therapy, counseling or medical, in some cases, etc. Technicians are of a different nature: Psychologists, social workers, doctors, etc.

CAARFE differs from other patient and family in which is NOT anonymous, but who recognize the addictive disease to society in an attempt to delete dramatize and erase the prejudices that exist around it.



Conf. Alcohólicos, Adictos en Rehabilitación y Familiares de España



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